

## ACTIVITIES

One of the original aims of the 60s-Up Movement was to promote activities for the older person, with each branch free to make their own choices.

Torbay Branch gets involved in various ways.

**Walking** is one popular activity for our branch. There are two walking groups. Both have chosen Wednesday mornings for their outings.

The first group meets at 9 am and walks for about 4 hours over a predetermined route. Jean Adams is the member to contact on 478 2462.

The second group meets at 9.30 am. Roy Urlic is your contact on 473 8777.

**Cards** - Some of our members like to play card games. If you like the game of 500 then get in touch with Wanda Sandford on 473 9538.

**Mah Jong** is also very popular - your contact is Nala Milne, on 473 0413.

## 60s-UP MOVEMENT of NEW ZEALAND (INC.)

### TORBAY BRANCH NEWSLETTER

December 2009



### Christmas Message from the President



The Christmas season is with us once again and our thoughts go out to all those who have been bereaved, or who have been unwell during the last year. This time of year can be especially difficult for them.

I know that all the Christmas planning can sometimes seem too much, and many people feel that it is too commercialised. But if we are lucky, it is when we can gather together with friends and family and spend time with them. I hope that you all, whatever your circumstances, can enjoy all the festivities of this season.

So to all members of our Torbay Branch of the 60s-Up, may I, on behalf of the committee and myself, wish you all a Merry Christmas and a Happy New Year.

*Josette*

### A Sign of the Times

As a little girl climbed onto Santa's lap, Santa asked the usual, "And what would you like for Christmas?"

The child stared at him open-mouthed and horrified for a minute, then gasped, "Didn't you get my email?"



WARWICK BROWN  
1928-2009



Sadly, Warwick passed away on 26th October. He was always a very active businessman and since retiring has been involved with Takapuna Probus - he was their President in 1997, Trips Organiser for 15 years and has been a Life Member since 2000. He has been a member of 60s-Up Torbay for over 10 years.

BETTY WATSON Passed away 26 November 2009

We have just heard of Betty's passing this week. Our thoughts are with her family and friends.

### 2009 COMMITTEE MEMBERS

<b>President</b>	Josette Westcott	479 8159
<b>Vice-president/PRO</b>	Cecile Urlic	473 8777
<b>Secretary</b>	Sylvia Loft	478 7201
<b>Treasurer</b>	Maria Gillespie	473 7760

<b>Trips</b>	Don Byrne	09 424 2447
<b>Welfare</b>	Jean Sheldrake	479 4072

Ros Bisset, Edna Dixon, Margaret Durham, Adrienne McGregor,  
Nala Milne, Shirley Powell, Roy Urlic

<b>Torbay Branch Newsletter</b>	Email (Sylvia)	jsloft@ihug.co.nz
	Adrienne Morris	a.morris@woosh.co.nz

**Torbay Meetings** held on 2nd Tuesday each month at 1 pm, Torbay Community Hall

**60s-Up Movement website** [www.60supmovement.org.nz](http://www.60supmovement.org.nz)

Torbay Branch gratefully acknowledges the sponsorship of this newsletter by



8 Glen Road, Browns Bay

Telephone 479 5956

Please advise our Welfare Officer, Jean Sheldrake, on 479 4072, if you know of any member who is not well. At the moment our thoughts are with Nancy Byrne, Sylvie Showell and Lillian Smith.

## SPEAKERS and ENTERTAINMENT

**8 December Alan & Lynn Powell**

Entertainment in keyboard and song.

**12 January Cherry Simmonds**

A talk by Chery, a local, international writer, her latest book being a best-seller.

**9 February Sheila Fox-Evans**

A small singing group lead by Sheila will entertain us today.

## LOOKING BACK - MacNut Macadamia Farm



Once again a coach load of us set off on another of Don's interesting trips. In the drizzle we headed north along the old Albany Highway, turning off at tDairy Flat and stopped at Waitoki Café for a welcome coffee with home-made scones. Suitably refreshed we continued on, driving through Kaukapakapa and Helensville to MacNut Macadamia Farm.

As the rain eased the fittest of us had

a guided tour through the trees admiring all the different types of nut trees and other plants along the way. The lake around which we walked was a picture with water lilies in flower just about covering the whole surface – it had to be seen to be believed. When we returned to our companions who were already seated at the tables we wasted no time sitting down with them to be served a delicious lunch. We had the place to ourselves so we had ample time to socialise after our meal and, of course, to look at all the goodies in the shop and buy some treats to take home.

Jack decided to bring us home a different way and we drove back through Kumeu and Whenuapai so the return trip was as enjoyable as the outward one.



Article and photos by Sylvia Loft.

## Tuesday 15 December - CHRISTMAS FUNCTION

Our end of year Christmas function is a mystery bus tour finally reaching Birkenhead RSA for our special Christmas meal. This year's fare includes: hot ham-on-the-bone, roast chicken, roast lamb and chilled seafood platter; roast potatoes, three vegetables and assorted salads; Christmas pudding, apple shortcake, fresh fruit salad, pavlova and whipped cream.



Christmas entertainment will follow for an hour.



Cost \$25.00 (*Subsidised by Lotto*)

Leave Torbay 10.00 am

## Tuesday 16 February - TAMAKI RIVER CRUISE

A harbour cruise in sheltered waters, to Half Moon Bay and up the Tamaki River. See where Auckland's rich and famous live, the history of the early portage routes to the Manukau Harbour and the development of industry on the river – see where the Treaty of Waitangi was signed at Te Karaka Bay and the historic aeronautical radio station at Musick Point – and enjoy a picnic lunch on board.



Cost \$25.00 (*Part-subsidised by Lotto*) Leave Torbay 9.15 am

