

## ACTIVITIES

One of the original aims of the 60s-Up Movement was to promote activities for the older person, with each branch free to make their own choices.

Torbay Branch gets involved in various ways.

**Walking** is one popular activity for our branch. There are two walking groups. Both have chosen Wednesday mornings for their outings.

The first group meets at 9 am and walks for about 4 hours over a predetermined route. Jean Adams is the member to contact on 478 2462.

The second group meets at 9.30 am. Roy Urlic is your contact on 473 8777.

**Cards** - Some of our members like to play card games. If you like the game of 500 then get in touch with Wanda Sandford on 473 9538.

**Mah Jong** is also very popular - your contact is Nala Milne, on 473 0413.

### Piko Restaurant September 09



### AUT School of Hospitality & Tourism



Training the chefs and waiters of tomorrow

### 2009 COMMITTEE MEMBERS

|                           |                  |          |
|---------------------------|------------------|----------|
| <b>President</b>          | Josette Westcott | 479 8159 |
| <b>Vice-president/PRO</b> | Cecile Urlic     | 473 8777 |
| <b>Secretary</b>          | Sylvia Loft      | 478 7201 |
| <b>Treasurer</b>          | Maria Gillespie  | 473 7760 |

|         |                |             |
|---------|----------------|-------------|
| Trips   | Don Byrne      | 09 424 2447 |
| Welfare | Jean Sheldrake | 479 4072    |

Ros Bisset, Edna Dixon, Margaret Durham, Adrienne McGregor, Nala Milne, Shirley Powell, Roy Urlic

|                          |                 |                      |
|--------------------------|-----------------|----------------------|
| Torbay Branch Newsletter | Email (Sylvia)  | jsloft@ihug.co.nz    |
|                          | Adrienne Morris | a.morris@woosh.co.nz |

**Torbay Meetings** held on 2nd Tuesday each month at 1 pm, Torbay Community Hall

**60s-Up Movement website** [www.60supmovement.org.nz](http://www.60supmovement.org.nz)

Torbay Branch gratefully acknowledges the sponsorship of this newsletter by

8 Glen Road, Browns Bay



Telephone 479 5956

## 60s-UP MOVEMENT of NEW ZEALAND (INC.)

### TORBAY BRANCH NEWSLETTER

October/November 2009



*We seem to be getting perilously close to the end of the year again. I thought it would be interesting, over the next few issues, as space permits, to see what goes on in some of our activity groups. Have a think about joining one next year. Editor.*

### Walking Group

Our group, (usually 10-18 each week, from Torbay and Browns Bay 60s-Up) walks in many different places each Wednesday, for up to 1½ hours, mainly local, (any of the bays, Okura, Albany) but once a month we go a bit further afield to explore something new (North Head, Beach Haven, Cheltenham, Bayswater, Orewa). If we finish near a member's house, they often provide morning tea. We have an annual 4-day trip for those interested – Cambridge 2008, Hamilton 2009 (see giraffe below!). In December we get together with the second (faster) walking group and have a Christmas picnic.

Roy Urlic



## WELFARE

Please advise our Welfare Officer, Jean Sheldrake, on 479 4072, if you know of any member who is not well.

At the moment our thoughts are with Nancy Byrne, Betty Watson, Vi Noad and Warwick Brown.

## SPEAKERS and ENTERTAINMENT

**13 October Lesley Randell-Ruka**

Stories and music.

**10 November John Perkin**

'Life's Challenges'. From Fairview Lifestyle Lodge.

**8 December Alan & Lynn Powell**

Entertainment in keyboard and song.

## LOOKING BACK - MATAKOHE KAURI MUSEUM



On 18th August twenty-five of us left Torbay on a lovely, mild spring day and drove north. For most of us it was the first time we had been through the tunnel, so that was a good experience, before detouring to have a look at the historic village of Puhoi. From there we drove to the Honey Centre for morning coffee and a browse through the shop.



After driving another one and a half hours, we arrived at the Matakohē Kauri Museum, where the guide gave us an introductory talk before leaving us to wander as we wished through the museum for another hour. The museum has many magnificent displays, and we could have spent more time there if it had been possible. Our next stop was at Matakohē House where we were served a delicious lunch which fortified us all for the two-hour drive home, where we arrived at 4 pm.



A most enjoyable day out for all.



Article by Sylvia Loft. Photos by Cecile Urlic.

## TRIPS and OUTINGS

**Tuesday 20 October - SOUTH AUCKLAND MAIL CENTRE**

Today we will visit the South Auckland Mail Centre at East Tamaki. There will be a guided tour of this very modern facility. Learn how your mail is processed. Discover what happens to incorrectly addressed letters and parcels and lots more. Then to Papakura RSA for a roast lunch with dessert.



Cost \$25.00  
(Morning tea not included.)  
Leave Torbay 9.30 am



**WEDNESDAY 18 November - MACNUT FARM and CAFÉ**

This month's trip is an excursion with a difference— to MacNut Farm and Café. We will pause for morning tea on the way and enjoy freshly baked Devonshire scones with cream. Then we will proceed on to the macadamia nut farm situated near the Kaipara Harbour. There will be a one-hour guided tour of the orchards, the lily ponds exploding with blossoms and the processing plant. A gift shop has a large range



of macadamia-based Christmas gifts. The café will provide a tasty lunch. (PLEASE NOTE: Wednesday, not Tuesday.)



Cost \$30.00 (all inclusive) Leave Torbay 9.45 am

**Tuesday 15 December - CHRISTMAS FUNCTION**

Look forward to our end of year Christmas luncheon at Birkenhead RSA. There will be a special Christmas meal for our enjoyment, preceded by a mystery tour. The menu: Hot ham-on-the-bone, roast chicken, roast lamb, chilled seafood platter. Roast potatoes, three vegetables, assorted salads. Christmas pudding, apple shortcake, fresh fruit salad, pavlova, whipped cream. A quality musician will entertain us with Christmas melodies for an hour.



Cost \$25.00 (Subsidised)  
Leave Torbay 10.00 am